

28th February 2021

FREEDOM IN CHRIST SERIES

BATTLE OF THE FLESH: PREPARING FOR TEMPTATION

What is Temptation?

- A desire to do something, especially something wrong, unwise or immoral.
- For the believer, the intentional enticement of a person to disobey God's revealed Word.

Understanding Temptation

- Everyone gets Tempted
- Temptation is Not A Sin
- Temptation is Serious
- There is an Out for Every Temptation

MY BATTLE PLAN

1. The WORD – Hebrews 4:12
2. PRAYER & FASTING – Daniel 9:3
3. WORSHIP – Colossians 3:16
4. WATCHFULNESS – Matthew 26:41
5. CONFESSION – 1 John 2:1
6. WALK BY THE SPIRIT – Galatians 5:24-25

REFLECTION AND DISCUSSION QUESTIONS

Opening Question:

We all have temptations. Consider food temptations, what lengths have you gone to satisfy a food craving?

Temptations can make people feel guilty, even more so when they give in to them. Explain why you think this is the case.

Why do you think people entertain temptations? What should our response be to temptations? Do you have any practical tips that you have heard about in dealing with temptation?

MY BATTLE PLAN

1. What are your favourite Scripture verses that help you in areas of weaknesses?
2. Share your experience of prayer & fasting. Share if there were specific reasons for that time of fasting?
3. Have you experienced tears of joy in worship? Have you experienced unspeakable joy? What happened?
4. Watchfulness – Cycles continue and habits die hard, what areas do you personally need to watch out for?
5. Discuss the power of confessing sins.
6. Share your experience of 'Walking by the Spirit' as written in Galatians 5:16. Was there a time you felt this was more apparent in your life?